

NOVEMBER 2023

HASTINGS CENTENNIAL MANOR



SUPPORTING PEOPLE
Hastings™
AND OUR COMMUNITIES



October Highlights



*Outings to Buckhorn
Pumpkin Patch, Algonquin
Park and more!*

November Entertainment

- Nov 3rd at 6:40pm – Dean Card and Friends to Entertain
- Nov 6th at 2:00pm – The Gerry Phillips Band
- Nov 7th at 2:00pm – Metis Veteran's Presentation



On November 11th, We Remember.

Moment of Silence at 11:00am following a Remembrance Day Service at 2:00pm.



November Program Highlights

- 📅 November 2nd at 1:30pm – Community Outing to Shoppers Drug Mart
- 📅 November 9th at 9:30am – Bus outing to Walmart Belleville
- 📅 November 13 at 12:00pm – Chinese Food Luncheon
- 📅 November 15th at 12:00pm – Northside Mario's Lunch
- 📅 November 17th at 2:00pm – Deer Hunters Theme Day
- 📅 November 23rd at 1:30pm – Bus Outing to Dollarama
- 📅 November 24th at 7:00pm – Square Dancing
- 📅 November 30th at 11:00am – Lunch Outing to the Rustic Roadhouse in Gilmour

Secret Santa is Back!

The Secret Santa Program is up and running again starting November 15th.

Tags will be available on trees in the front foyer for anyone interested in getting a resident a gift!

We kindly ask that all gifts be in by December 10th.

Thank you!



Are you looking for a way to keep updated on upcoming events?

Check out the Family Portal on ActivityPro.

For more information contact: Nancy Mountney

mountneyn@hastingscounty.com

Volunteer Opportunities

Volunteer opportunities range from regular commitments or assist with special events.

We would love to have you as part of our team. If you are interested in volunteering contact Nancy Mountney at 613-332-2070 x6608 or at mountneyn@hastingscounty.com.



The Auxiliary of Hastings Centennial Manor


Tuck Shop is open Tuesdays.

"The best way to find yourself is to lose yourself in the service of others." – Mahatma Gandhi

Volunteer opportunities are matched to your availability and interest.

Contact: Jewel Wiggins @ waywell@sympatico.ca

Upcoming Volunteer Opportunities

-  **Hairdresser Portering:** Tuesday, Wednesday and Thursday mornings.
-  **Church Groups**
-  **Sewing for Residents**
-  **Entertainment**
-  **And many more...!**



Email Nancy Mountney for volunteer opportunities at mountneyn@hastingscounty.com

Resident Council

Meetings are held monthly, and all Residents are welcome to participate granted we are not in outbreak.

November 9th at 11:00am



Family Council

Family Council meeting will be held this month on **November 22nd a 1:30pm** with a representative from the Alzheimer's Society.

For more information contact:

Nancy Mountney

mountneyn@hastingscounty.com

613-332-2070 x6608



Two easy ways to make a donation:

Directly: Mail a cheque to: County of Hastings - Hastings Centennial Manor Box 758, Bancroft, ON, K0L 1C0

Online to HCM Auxiliary on the Canada Helps website at <https://www.canadahelps.org/en/charities/the-auxiliary-of-hastings-centennial-manor>

What's Happening at Centennial Manor!!



Cheers 4 Peers



Cheers to Sherri Rogers, a PSW and the latest Cheers4Peers winner from Centennial Manor. Recognizing the importance of a specific bath time for a resident, Sherri did a lot of work to coordinate across teams during an outbreak to ensure the resident was able to keep their regular time. Cheers Sherri!



Christmas Bazar



Hastings Centennial Manor Christmas Bazar will be held on November 4th from 10:00am to 4:00pm in the Fireside Lounge. The Fireside Lounge is located beside the Corner Café at the side entrance of the professional building.

Renovations



Renovations will be taking place this month. Beginning in Thanet on November 27th. The countertops and servery flooring will be replaced. Hybla's will be replaced starting December 4th and Cheddar's beginning on December 11th.

Careers

We are hiring, check out [Careers - Hastings County](#)



Medication Management – Trailblazer Program

Part of the Medication Safety Committee, Hastings Centennial Manor registered for the Trailblazer program and has successfully completed the Trailblazer Home Certificate for the past 9 months.

What did we do?

Hastings Centennial Manor was able to advance effective Medication Reconciliation (MedRec) processes during the past nine months. MedRec is a component of medication safety that can reduce communication and medication errors that have the potential to cause harm at transitions of care. MedRec requires a systematic and comprehensive review of all the medications a resident is taking to ensure that medications being added, changed, or discontinued are carefully evaluated.



It is an essential component of Medication Management and will inform and enable prescribers to make the most appropriate prescribing decisions for the resident.



The Best Possible Medication History (also known as the BPMH) is the resident's medication use story. It is the cornerstone of MedRec when done accurately and reliably. Partnering with residents and families to understand the residents actual medication use is a prerequisite to safe medication management.

Look at what we did!

Please see below the link with one of our residents' testimonies as part of this certification program:

https://youtu.be/th6y_EbomEQ (resident granted access to distribute this video)

Congratulations to all residents, families and registered staff being part of this program! Often, we were reaching out with questions and requested feedback related to Medication Reconciliation.

Thank you all!



REMEMBRANCE DAY Word Scramble

MRBERMEE _____

OMEPE _____

YPOPP _____

ROSLESID _____

TVENARE _____

MERNOEVB _____

HRWATE _____

HOSERE _____

MTONEM FO LCEINSE _____

CPTERES _____

VBAER _____

NORHO _____

LMAEROMI _____

DPERI _____

ADLEMS _____

STLE EW GOTREF _____

**REMEMBRANCE DAY
WORD SCRAMBLE**

HALLOWEEN 2023



WORD SCRAMBLE ANSWERS

MRBERMEE	<u>Remember</u>	OMEP	<u>Poem</u>
YPOPP	<u>Poppy</u>	ROSLESID	<u>Soldiers</u>
TVENARE	<u>Veteran</u>	MERNOEVB	<u>November</u>
HRWATE	<u>Wreath</u>	HOSERE	<u>Heroes</u>
MTONEM FO LCEINSE	<u>Moment of Silence</u>	CPTERES	<u>Respect</u>
VBAER	<u>Brave</u>	NORHO	<u>Honor</u>
LMAEROMI	<u>Memorial</u>	DPERI	<u>Pride</u>
ADLEMS	<u>Medals</u>	STLE EW GOTREF	<u>Let's we forget</u>